

## Three Fairness Activities

### Character Skills

- Fairness

### SEL Skills

- Self-Awareness
- Social Awareness

### Academic Skills

- Curiosity and Passion
- Self-Direction and Engagement

- Prepare a pile of healthy snacks. Give each child a slip of paper with written instructions on it such as "eat," "share," "encourage others to eat," "convince others to share," etc. Have each student act on the instruction they received and discuss fairness as conflicts arise.
- Divide the class into groups and have them play their favorite indoor games, but change the rules so that they aren't fair. (If playing a board game, let one player take an extra turn every time around). Have the students discuss in their groups how the different rules changed the game, and how it feels to play an unfair game.
- Have students arrange themselves in order of birthday, beginning in January and ending in December. Ask them how they'd feel if instead of being graded on the quality of their work, they were graded by their birthday, with January-March getting A's, April-June getting B's, July-September getting C's, and October-December getting D's. Do students born in January think this is fair? What about those born in the spring and summer? What do students think is the fairest way to grade them? How do they feel about the way they are normally graded?

## Definitions

### Fairness

- Play by the rules
- Take turns and share
- Be open-minded; listen to others
- Don't take advantage of others

### Self-Awareness

Identify and understand emotions, values, attitudes, motivations, mindsets, and personal attributes

### Social Awareness

Assess the feelings of others and be sensitive to the feelings and needs of others

### Curiosity and Passion

Enthusiastic to understand more about themselves, others, and the world around them

### Self-Direction and Engagement

Fully engaged in the educational process and connected to the school community

# exercising YOUR CHARACTER™

These materials are presented by:



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