

## Integrity

### Character Skills

- Trustworthiness

### SEL Skills

- Self-Awareness
- Responsible Decision-Making
- Social Awareness

### Academic Skills

- Critical and Creative Thinking
- Curiosity and Passion

### Stories About Integrity

- Nolan is sitting alone in the corner of the playground. He feels uncomfortable joining the other students because he has a speech problem — he stutters. Nolan is teased because of his stutter so he avoids the other students.

Amelia feels sorry for Nolan. She knows that it's wrong to pick on people just because they're different. However, she is afraid to speak to Nolan, fearing that the other kids will tease her too. Amelia doesn't help, and so Nolan is still alone and sad.

- Avery strongly believes that it is wrong to help other students cheat. She has always thought if someone ever asked her for a test answer, she would say "no."

Cami is Avery's best friend. This morning, Cami told Avery that she didn't study for today's math test. Cami is doing very poorly in math, and this test is important to her grade. During the test, Cami asks Avery for a few test answers.

### Discussion

- What do you think of when you hear the word "integrity"? What does integrity mean?
  - Holding yourself to a code of moral values, walking your talk, or standing up for what you believe is right,
- Amelia and Nolan's story:
  - What could Amelia do to stand up for what she believes?
  - What would you do if you were Amelia?
- Avery and Cami's story:
  - What should Avery do in order to show integrity?
  - What would you do if you were Avery?
- No one is born with integrity. We all have to learn how to stand up for what's right. The more you act with integrity, the better you will feel about yourself and what you've done. The more you do it, the easier it becomes. The more integrity you have, the more respect you'll get from your friends and family.

## Definitions

### Trustworthiness

- Be honest, don't deceive, cheat, or steal
- Have integrity; do what you say you'll do
- Keep your promises
- Be loyal; stand by your values

### Self-Awareness

Identify and understand emotions, values, attitudes, motivations, mindsets, and personal attributes

### Responsible Decision-Making

Make decisions based on rationality, ethics, and effectiveness

### Social Awareness

Assess the feelings of others and be sensitive to the feelings and needs of others

### Critical and Creative Thinking

Acquire, remember, understand, and apply knowledge

### Curiosity and Passion

Enthusiastic to understand more about themselves, others, and the world around them

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