



Making Decisions with Six Pillars of Character®

When we see great sportsmanship, we are witnessing the Six Pillars in action. Sportsmanship is one example of how the Six Pillars help us make good choices.

Watch

Watch this video with your students: <https://www.youtube.com/watch?v=9FDhdOr-5Wk>

Consider

Think about the players in the video. Using the **Character In Action Checklist** on page 2, consider:

- How would they answer the questions on the checklist?
- How did they demonstrate the Six Pillars?
- Which Pillar do you think was most important to the team? Explain your answer.

Reflect

After completing and discussing the Six Pillar Checklist, ask students to write about a time when they made a poor decision. Students can use the Six Pillar Checklist to reflect on ways they could have made a better decision in that same situation.

Extension Activity 1: Kindness 101 Activity

Continue the conversation you started around character with these activities about courage in the goal achievement process: https://charactercounts.org/digital_classroom/courage-diving-into-the-unknown-student-athlete-proves-the-merits-of-hard-work/





CHARACTER-IN-ACTION CHECKLIST: SIX Pillars

When faced with a choice or dilemma, consider the following:

Would my decisions pass each of these tests?

Trustworthiness Test:

Would my words and actions be honest, sincere, and reliable?


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Respect Test:

If the situation was reversed, is this how I would want to be treated?


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Responsibility Test:

What would be the consequences of my words and actions and would I do the right thing?


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Fairness Test:

Would this be fair to everybody involved in and affected by my actions?


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Caring Test:

Would my words and actions express compassion and kindness?


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Citizenship Test:

Would I want to live in a world where everybody did this?


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What if it's still not clear what to do?

1. Stop!
2. Think it over some more.
3. Seek additional insight from individuals whose integrity you respect.

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