



EXCELLENCE  
WITH INTEGRITY™

**ASSESSMENTS**

# **SPORT TEAM CULTURE SURVEY**

## **SUMMARY REPORT**

**Sample High School**

**Spring Sports**

## Survey Data Summary

### Sample High School Spring Sports (2023-2024)

1A. Team Culture Among Student-Athletes			
1.1A	Student-Athletes: Competitive Greatness		3.90
			3.19
1.2A	Student-Athletes: Personal and Team Integrity		3.96
			3.52
1.3A	Student-Athletes: Selfless Teamwork		3.34
			3.48
1.4A	Student-Athletes: Grounded Self-Awareness and Growth Mindset		3.36
			3.55

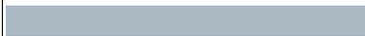
Spring SAs: N = 425

Spring Coaches: N = 41

Optimal performance: Maintain current focus and attention	Scores $\geq 4.5$		
Approaching optimal performance: Build on current focus and attention	Scores $\geq 3.75$ and $< 4.5$		
Area of opportunity: Intensify focus and attention	Scores $\geq 3$ and $< 3.75$		
Area of concern: Commit to intensive effort & focus on improvement	Scores $< 3$		

## Survey Data Summary

### Sample High School Spring Sports (2023-2024)

2A. Coaching for Optimal Performance			
2.1A	<b>Coaching: Communication to Clarify and Reinforce Expectations</b>	 3.86 	 4.13 
2.2A	<b>Coaching: Targeted Practice for Habit Development and Growth</b>	 3.58 	 4.09 
2.3A	<b>Coaching: Accountability through Support and Challenge</b>	 3.22 	 4.03 
2.4A	<b>Coaching: Mental Preparation and Mindset Formation</b>	 3.36 	 3.72 

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**Data Detail: Sample High School Spring Sports (2023-2024)**

<b>1.1A Student-Athletes: Competitive Greatness</b>		3.90	3.19
<b>Performance of student-athletes on:</b>			
1) ... putting in the extra work and pushing outside their comfort zone to achieve team goals.		3.97	3.80
2) ... embracing opportunities for tougher competition and/or with more challenging opponents.		4.08	4.07
3) ... embracing healthy competition between teammates to achieve personal and collective best.		4.03	3.10
4) ... showing resilience, confidence, and resolve when facing setbacks or challenges.		3.97	3.12
5) ... embracing adversity without complaining, blaming, or making excuses.		3.52	2.66
6) ... staying focused and committed when desired outcomes do not come as quickly as expected.		3.91	2.78
7) ... giving up short-term desires, comforts, or pleasures to achieve performance goals.		3.82	2.78

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Commit to intensive effort & focus on improvement			

Data Detail: Sample High School Spring Sports (2023-2024)

<b>2.1A</b>	<b>Coaching: Communication to Clarify and Reinforce Expectations</b>		3.86
			4.13
	<b>Performance of coaches on:</b>		
	29) ... clearly defining team vision, values, and overall performance goals.		4.09 4.15
	30) ... communicating clear performance expectations and improvement strategies for the team.		3.86 4.12
	31) ... helping student-athletes understand the expectations for their role/position on the team.		3.60 4.00
	32) ... communicating in a way that respects, encourages, and instills confidence in each student-athlete.		3.40 4.00
	33) ... setting and reinforcing sportsmanship standards toward teammates, competitors, officials, and fans.		4.05 4.18
	34) ... establishing and continuously clarifying expectations for team conduct in and out of competition.		4.18 4.34

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# SPORT TEAM CULTURE SURVEY

Leaders shaping Culture and Character  
for Optimal Performance

Excellence with Integrity™ SPORT TEAM CULTURE SURVEY

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